

TALLYHO

Vol. 26, No. 40

Serving the men and women of Fighter Country
Luke Air Force Base, Ariz.

Oct. 6, 2000

Luke begins Fire Protection Week

By Staff Sgt.
Jeremy Clayton Tredway
56th Fighter Wing Public Affairs

The Luke Fire Department and local firefighters team up during Fire Prevention Week Saturday through Oct. 13 to educate the community about fire dangers.

Fire Prevention Week is a week when fire departments nationwide put forth as much effort as they can to conduct fire safety education, said Robert Smith, 56th Civil Engineer Squadron fire department fire protection assistant chief.

"Our goal during Fire Prevention Week is to make contact with as many people as possible to instill one basic thought, 'fire is dangerous,'" he said. "If people come away with that basic concept, then perhaps they will find instances in their daily lives to apply some kind of fire safety."

The week kicks off with a parade Saturday in downtown Glendale and then Sunday through base housing. Col. Steve Sargeant, 56th Fighter Wing commander, and Glendale Mayor Elaine Scruggs ride in a Glendale fire truck.

After the parade through housing, Luke and Glendale firefighters and Phoenix Fire Department's Hall of Flame Museum entertains and informs children at the base exchange parking lot.

Phoenix's Hall of Flame includes two antique fire trucks and offers free rides to children. Glendale displays a 110-foot ladder, holds a children's fire muster and brings firefighting clowns. In addition, Luke brings Sparky the firefighting dog and provides informational booths, memorabilia and sells T-shirts.

Peoria firefighters also team up with Luke during the week. Cadets from the Peoria Fire Department help with the



Airman Delvin Barnes

Luke firefighters practice putting out an engine fire.

squadron fire muster Oct. 13 at the base soccer field. Squadrons entering the competition compete in a bucket brigade landline bowling contest, timed dunk tank event and water barrel fight for prizes.

Throughout the week firefighters conduct open house tours of the fire department, a base telephone contest, visits to the child development center and an exhibit at the base library.

Fire Prevention Week is for everyone, but children are the primary targets.

"If fire safety can be instilled at a young age, it is more likely to be practiced," Smith said. "We focus our efforts toward the youth center, childcare center and schools."

Statistics show every person will be involved in a fire involving personal prop-

erty at least once in their lifetime. More than 3,500 people die and \$10 billion of property is damaged in fires each year.

Luke has not sustained any fire damage during 2000 and only lost \$1,500 in 1999 due to fires. In addition, the base has not had a fire in base housing for more than five years.

"Luke has an outstanding fire loss record," Smith said. "We are one of the leaders in the command for fire safety. This record is the result of the men and women of Team Luke. Our people think and work safely."

Fire Prevention Week is a national event that takes place during the week of Oct. 9 to memorialize the Chicago fire of 1871. The fire destroyed more than 75 percent of the city.

Activities

Saturday — Glendale Fire Prevention Week Parade at 8 a.m. in downtown Glendale

Sunday — Luke Fire Prevention Week Parade at 9 a.m. through base housing

Sunday — Fire safety displays from 10 a.m. to noon at the base exchange and commissary parking lots

Wednesday — Fire safety information booth and static display from 9 to 11 a.m. at the BX

Wednesday — Sparky the fire dog and firefighters in full gear entertain and inform children at 9:30 a.m. and 2:30 p.m. at the child development center.

Wednesday to Oct. 13 — Scheduled tours and walk-in visitors from 9 to 11 a.m. at Fire Station 1

Thursday — Firefighters, Sparky and a fire truck display at 9:30 a.m. at the base library

Friday — Squadron fire muster from 2 to 5 p.m. at the base soccer field

For more information, call Robert Smith at the Luke Fire Department at 856-3766.

607th Air Control Squadron

First surveillance technicians class graduates today



Staff Sgt. Aaron Marcus

Airmen 1st Class Wylee Smith and Kristy Sawyers configure a high frequency radio.

By Staff Sgt. Jeremy Clayton Tredway
56th Fighter Wing Public Affairs

The 607th Air Control Squadron graduates its first class of surveillance technicians today since converting from a deployable Luke detachment to a field training unit.

The Snakes made the transformation July 6 to compensate for retention problems that have hindered training efforts.

The 70-day training course is designed to get airmen up to basic mission-ready status, so once they arrive at their permanent duty station, they only need an additional 30 days of mission qualifying training to attain combat mission-ready status.

Before the 607th ACS took on the training mission, deployable units spent six to eight months getting their troops combat mission ready.

The course helps field units because it not only reduces training time, but standardizes training which has been a problem in the past. It also reduces the workload on field units in an undermanned, often deployed career field, said Capt. Jeffrey York, 607th ACS field training unit chief.

Some airmen would graduate technical school and arrive at their first duty station to find their unit deployed, said 1st Lt. John Grosvenor, 607th ACS. Since the unit was deployed, the airman couldn't start training until the unit returned. This way the student is ahead of their training requirements when he or she arrives at the base.

During the course, the 11 students went through six blocks of intensive academic and positional train-

ing. York said the course went well overall, but they had minor glitches, which should improve over time.

"As with anything when you're starting off, we ran into some challenges," he said. "We overcame those problems and are continuing to make things better for the following classes.

The staff expects the next few classes to run even more smoothly, Grosvenor said.

"The course trained us very quickly," said Staff Sgt. Paul Hoyer, who went through the validation class in July. "We don't have enough instructors in the career field, so the course is very beneficial for getting people trained."

Hoyer said the hands-on training and one-on-one instruction were the most beneficial parts of the course.

Getting airmen up to combat mission-ready status is critical for air control squadrons to meet deployment requirements.

Air control squadrons are rapid reaction ground-based radar units. They provide surveillance identification, weapons control and battle management for the theater air component commander.

The Snakes change in mission is a result of lessons learned during Operation Allied Force in Kosovo. During the operation, Air Force leaders determined the best way to ensure air control squadron people receive the training they need to operate in a deployed location was to set up a school house to train them right out of technical school.

The school also has a 77-day training course for air control squadron weapons directors, who direct aircrews to the fight.

Action Line



Col. Steve Sargeant
56th FW commander

The 56th Fighter Wing Commander's Action Line is your direct line to me. I get personally involved in every reply. Your ideas and concerns help build a stronger foundation on which we can successfully complete our mission and take care of our people.

Before you call the Action Line though, give Luke's profession-als a chance to answer your question in concert with your unit chain of command. If the appropriate expert is unable to provide a satisfactory response, call me at 856-7011 or send an e-mail to command.actionline@luke.af.mil. Please include your name and telephone number so I can provide a personal reply to your concern. Together we can make Luke a better place to live and work.

Who to call:	
Fraud, waste and abuse hotline	856-6149
Base exchange	935-4652
Civil engineer customer service	856-7231
Commissary	935-3821
Patient advocate	856-9100
Legal assistance	856-6901
Law enforcement desk	856-5970
Housing office	856-7643
Military pay	856-7028
MPF customer service	856-7874

Emergency room treatment

Comment: I recently visited the Luke emergency room to receive care for my 3 year old. She had a laceration over her left eye. After more than a two-hour wait, the physician said the laceration would require treatment. I asked about Dermabond, a skin adhesive, and was told it was not available because it is relatively new and quite expensive. I was ready for stitches when I was told there was no anesthetic cream available to numb the area for an injected anesthetic. I did find the Luke Emergency Room staff to be competent and courteous but, they were inadequately equipped. Why isn't the ER equipped to use an industry standard to treat lacerations?

Response: It's always stressful when little ones get hurt and I understand why you wanted your daughter to be comfortable during treatment. I know ER supply limitations caused your family distress, however, I was glad to hear the staff assisted you in making necessary arrangements to get your daughter to a facility which had the service you requested. Thanks for bringing your concern to my attention. Though not all facilities carry Dermabond or a topical anesthetic cream, our ER now has the product and will be able to offer a less invasive means to treat suitable lacerations.

Sortie Scoreboard

Fiscal year 2000 programmed flight training		
	To date	Goal
Sorties flown	325	39,376
Flying hours	413	51,687
Pilot graduates	0	*
MRA graduates	8	*

Luke people deployed:
AEF 7/8: 3 AEF 9/10: 63
Others: 15

**To be determined*

Luke command post relies on immediate information

By Maj. Dale Bastin
56th Fighter Wing command and control chief

Have you ever wondered what command and control really means? What is the mission of the command post and maintenance operations center and how do they support Team Luke? Who are those individuals that sit behind the locked door with no windows, no face, just a voice on the phone? Are they some clandestine group that works on secret projects or are they just anti-social?

They are neither clandestine or anti-social, but deal with sensitive and classified issues daily. A controller's job definition states he or she acts as a round-the-clock executive agent for the wing commander. This is a wide open definition and actual functions vary somewhat depending upon host and tenant unit missions. Ultimately the controller acts on the behalf of the wing commander.

How does this effect you? This effects you and everyone in some way. For some it is a daily contact; for others it may only be once or twice a year and yet some will never have direct contact. No matter how often or in what manner you deal with the controller, it is always an important exchange of information or an action that must be accomplished. There is no time for wasted action, misinformation or disagreement; the controller needs to gather the information and respond immediately.

Sometimes a controller's need to know is questioned. After all, the controller is told, the information is being reported through the chain of command and the issue will be upchanneled and no one else needs to know. Those actions are appropriate, but remember, wing senior leadership must know about these issues now. They cannot wait for all fact finding to occur and for

the facts to filter through the entire chain of command.

Wing leadership will make decisions and provide guidance to help deal with the situation and are also obligated to work with their chain of command. The controller is not being "nosy" or interfering, but carrying out the job of ensuring the wing commander has the details and facts needed to lead. Please remember this the next time you are dealing with controllers.

Dealing with controllers can happen due to a variety of reasons. Controllers, for example, make notifications for in-flight emergencies, ground emergencies, dropped

objects, hung ordnance, flying hold and cancellations, range closures, range intruders, hazardous material situations or bomb threats. In addition, simple power failures, communications outages, accidents, deaths, weather advisories, threat and

information condition changes, battle staff recalls and many other situations are their responsibility.

Working these issues expedites a controller's ability to quickly contact individuals and offices, to gather key facts, to brief the wing commander and senior leadership, and sometimes to provide message response to AETC and Air Force leadership. Controllers track all issues and make sure all actions are completed. In order to do so, controllers coordinate across units on issues thus assisting in task completion.

In clear words, command and control is the centralized "nerve system" for the wing. Together, you and the controller enable this nerve system by gathering and disseminating information that empowers commanders and individuals to carry out required actions. In order to accomplish the mission we need to stay involved. Command and control needs to be informed in order to inform. There needs to be a system of teamwork between you and the controllers. Simply, there needs to be, a well-groomed "C2 and You."

"Command and control needs to be informed in order to inform."

Maj. Dale Bastin
56th Fighter Wing command and control chief

DUIs effect mission readiness

By Michael J. Badillo
56th Civil Engineer Squadron

When most people think of readiness, they think of deployments, chemical warfare defense, weapons training and many other requirements needed to be ready to deploy. Continuing global conflicts only strengthens our resolve to have the "best" ready to deploy — anytime, anyplace. A major issue that may affect Luke's readiness posture is people who drive under the influence of alcohol or drugs.

The upsurge of DUIs has caused some of our people to be unavailable to support U.S. interests. If you're in the middle of a DUI conviction, you are not ready to deploy. To add even more stress to an already stressful environment, someone else must be selected at the last minute to fill your deployment position.

Think how their family feels about that, or better yet, if this happened to you, how your family would respond to a last-minute, 90-day temporary duty assignment.

DUIs affect a lot more people than the one convicted. Obviously a DUI

your family suffers with you mentally, physically, and financially. The average cost for a first-offense conviction is \$4, 000 to \$6,000 for fines, court costs, incarceration fees and attorneys. These are only the initial monetary expenses.

Monetary costs

The cost of this incident continues to climb for the next three to five years. Those convicted are required to pay an additional 125- to 200-percent rise in auto insurance premiums as well as additional fees for mandatory state alcohol awareness and traffic survival classes.

Along with this financial strain, you will also have to spend time in jail. The minimum sentence for a first-offense DUI is 10 days. At the court's discretion, the judge may suspend up to nine days of that sentence. If you fail to satisfactorily complete any court requirements, you are required to serve the remainder of the suspended time.

Career costs

Administratively, the commander suspends your base driving

privileges for at least one year. This includes driving to work if you live on base. Furthermore, the commander may dispense further punishment as allowed by the Uniform Code of Military Justice. This could include a court martial, Article 15, letter of reprimand, unfavorable information file, control roster and referral enlisted or officer performance reports.

Ultimate costs

The cost of a DUI conviction is high, but these are only monetary and administrative costs a person may pay. It does not include the likelihood that others may pay the ultimate price for your actions with their life, their loved one's life or serious personal injury.

Remember, in the hands of an impaired driver, a car can be a deadly weapon. Impaired driving can leave behind innocent victims and it's a crime. Reflect on these facts before you consider driving impaired.

The bottom line is, if you have any issues that restrict your ability to perform the duties required, you are not a mission-ready asset.

Editorial information

The 56th Fighter Wing Public Affairs Office prepares all editorial content for the "Tallyho." The editor will edit or re-write material for clarity, brevity or to conform with Air Force style as required by Air Force Instruction 35-1.

Contributors, please deliver articles typed, double-spaced and on an IBM-compatible floppy disk to the public affairs office or send through distribution to 56 FW/PA, Attn: Editor or send them via e-mail to Tallyho@luke.af.mil. The phone number to the editorial office is 856-6055.

Unless otherwise noted, all photographs are U.S. Air Force photos. The "Tallyho" uses material from the Armed Forces Information Service, Air Force News Service, Air Education and Training Command News Service and other sources. All advertising is handled by Pueblo Publishers, Inc. 7122 N. 59th Ave., Glendale, Ariz., 85301, phone (623) 842-6000.

Deadline for "Tallyho" submissions is Friday at noon.

Commander

Brig. Gen. (select) Steve Sargeant

Public Affairs Officer

Lt. Col. Douglas W. Lefforge

Chief, News Division

Mary Jo May

NCO in charge

Tech. Sgt. George F. Jozens

Editor	Staff Sgt. Jeremy Clayton Tredway
Staff writer	Tech. Sgt. B. Coors-Davidson
Staff writer	Senior Airman J. Propst
Production assistant	Kristen M. Butler



The "Tallyho" is published by Pueblo Publishers, Inc., a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 56th Support Group, Luke Air Force Base, Ariz. This commercial enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the "Tallyho" are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the DOD, the Department of the Air Force or Pueblo Publishers of the product or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron.

Let’s celebrate ...



Airman 1st Class Julie Simmons
“Sexto Sol” from Agua Fria High School performs Sept. 26 during Luke’s Hispanic Heritage Month luncheon at the enlisted club. More than 180 people attended the luncheon to celebrate Hispanic people’s culture, influence and contributions to America and the military.

Quality-of-life initiatives
Wing spends last FY00 money

By Senior Airman J. Propst
56th Fighter Wing Public Affairs

While most of Team Luke was at Sports Day, contracting, finance, supply and civil engineering people were ensuring many quality-of-life projects were funded.

The work began in July when Col. Steve Sargeant, 56th Fighter Wing commander, asked wing leadership to divide their finances into must-pay, mission-critical and mission-enhancement items.

After funding the must pays, group commanders pooled “leftover” squadron money and prioritized the items.

“The commander really wanted to put a priority on giving airmen a better place to live,” said Maj. Karen Bruce, 56th Contracting Squadron commander.

About \$2 million was made available from wing money for quality-of-life projects. This money paid for dining facility and fitness center equipment and internal renovations for the mission-ready apprentice dormitory.

“Because of our outstanding implementation and

execution of our spend plan by the combined efforts of our comptrollers and contracting squadron commanders, we were able to obligate \$2 million toward necessary quality-of-life projects,” Sargeant said.

Money was also used for other large projects such as asbestos removal, fire sprinklers and runway repair.

In addition to local money, AETC gave Luke \$52,000 for preschool renovations and youth center sports equipment.

AETC also gave Luke \$1.2 million for facility projects. The money was used for several big projects including two buildings’ demolition, installation of a heating and cooling system in Bldg. 940 and dog kennel renovations.

Currently the dogs are outside year-round. Not only is heat a problem, but also insects and rodents. The facility will improve waste disposal and dogs’ health conditions.

“From the very beginning, it has been a concerted effort between the group and squadron commanders, resource advisors and cost center managers. Before it even got to us, it took all of those people to make it happen,” said Lt. Col. Michael Shaw, 56th CPTS commander.

“Because of our outstanding implementation and execution of our spend plan ... we were able to obligate \$2 million toward necessary quality-of-life projects.”

Col. Steve Sargeant
56th Fighter Wing commander

Thunderbolt Instructor Pilot of the Week

Name: Maj. Tom “Divot” Smith, 425th Fighter Squadron assistant operations officer and instructor pilot
Hometown: Reno, Nev.
Years in service: 13
Family: Wife, Mitzi; daughter, Maddi, 6; and son, Carson, 1
Education: A bachelor’s degree from the University of Nevada and a master’s degree from Embry-Riddle Aeronautical University
Previous assignments: Plattsburg Air Force Base, N.Y.; Laughlin Air Force Base, Texas; Spangdahlem Air Base, Germany; and Osan Air Base, Republic of Korea
Goals: Be a viper squadron commander or snacko if I get to keep flying
Greatest feat: Convincing my wife two years at Osan sounded like a great deal!
Commander’s comments: “Tom’s multiple talents as a LANTIRN (low-altitude navigation and targeting infrared for night) instructor, night-vision goggle guru, exercise planner and all-around great teacher has made him the keystone of training for our young Singapore Air Force pilots,” said Lt. Col. Daniel Saville, 425th FS commander. “Divot isn’t a bad golfer either.”



Smith

News Briefs

Holiday hours

Columbus Day holiday hours for Monday at Army and Air Force Exchange Service facilities are:

Main store	9 a.m. to 5 p.m.
Shoppette	9 a.m. to 6 p.m.
Burger King	10 a.m. to 5 p.m.
Anthony’s Pizza	11 a.m. to 5 p.m.
Starbucks	10 a.m. to 4 p.m.
Popeye’s	11 a.m. to 5 p.m.
Car Care Center	9 a.m. to 4 p.m.

All other AAFES facilities and the commissary are closed Monday.

Special Olympics meeting

There are Special Olympics volunteer meetings Wednesday at 10 a.m. and 3 p.m. at the base theater. Arizona representatives brief about event locations and duties. For more information, call 856-7720.

Housing maintenance issues

- ♦ For housing maintenance issues concerning ACEPEX Management Corp., call Joan Wilson-Stroup at 856-3007 or Scott McVay at 935-2676.
- ♦ Change air conditioning filters every 30 days. Filters can be picked up at the self-help store. For air conditioning issues, call Honeywell at (884) 410-8882.
- ♦ Yards are inspected each Wednesday. If an ozone alert has been announced the preceding Tuesday or Wednesday, tickets are not issued for not cutting grass or edging.
- ♦ To find out automated housing waiting list information, call 856-9171.

New evaluation forms

The Air Force has revised Air Force Forms 910, 911, 707A and 707 B to improve data transfer and navigation within the forms. The revised forms can be downloaded on the Air Force publications and forms Web site at <http://afpubs.hq.af.mil>. For more information, call DSN 665-2571.

Air controllers special-duty pay

The Air Force recently approved special-duty assignment pay for air traffic controllers performing 7-skill or higher controller duties. For more information and specific eligibility details, call DSN 857-2155.

Household goods claims

The 56th Fighter Wing claims office only accepts DD Forms 1840, “Joint Statement of Loss or Damage at Delivery,” during the claims briefing Wednesdays at 10 a.m. at the legal office in Room 2040 of the 56th Support Center building. For more information, call the claims office at 856-7371.

Taxi service

Taxi service is available weekdays from 5 a.m. to 10 p.m. and weekends from 7 a.m. to 7 p.m. for active-duty and civilian personnel to and from official Air Force scheduled appointments such as dental and hospital outpatient appointments. For more information, call 856-3702.

Anthrax briefings

Public health officials lead mandatory Anthrax briefings at October commanders calls. The brief educates and informs about the vaccine. For more information, call Capt. Liz Yogerst at 856-6174.

Justice Report

The following nonjudicial actions occurred at Luke between Sept. 25 and 29.

- ♦ An airman first class received an Article 15, a suspended reduction to airman and 30 days extra duty for making a false official statement and wrongfully using an official pass.
- ♦ An airman first class received an Article 15, a reduction to airman and 15 days extra duty for drinking alcoholic beverages while under the age of 21 and driving while impaired.
- ♦ An airman first class received an Article 15, a suspended reduction to airman, forfeiture of \$100 pay for two months and 30 days extra duty for drinking alcoholic beverages while under the age of 21 and altering a military identification card.



Staff Sgt. Aaron Marcus

A 161st Air Refueling Wing member does electrical work at Luke's Network Control Center.

Total Force

Guard unit helps 56th CS

By Staff Sgt. Jeremy Clayton Tredway
56th Fighter Wing Public Affairs

Civil engineering troops from the 161st Air Refueling Wing at Phoenix Sky Harbor International Airport recently spent two weeks at Luke remodeling the south side of the 56th Communications Squadron Network Control Center.

About a dozen Air National Guard carpenters and electricians asked their civilian bosses for additional time off work to help create three rooms in the network center.

"Bosses cringe sometimes when we ask for time off," said Senior Master Sgt. John Putz, 161st Civil Engineer Squadron, "especially after we've done our two weeks."

The remodeling project included putting up walls, hanging dry wall, installing conduit, rewiring existing receptacles and lights and installing a new service panel.

"This is what we do when we work our two weeks a year for the Air Force," Putz said, "either build it or remodel it."

The wing information assurance staff asked for the remodeling because there were six of them cramped into three small offices.

"Our secure facility rapidly became too small to support our wing communications security, Defense Message System and classified information processing network requirements," said Joe Fuller 56th CS information assurance office chief. "Now we have a facility wired to handle our computer training needs without circuit breakers popping all the time."

The civil engineering troops got wind of the project through their communications squadron, which does a lot of business with the 56th CS. They came out and took a look at the proposed job and agreed to take on the remodeling operation.

"The Air Force has been cut back a lot," said Putz. "We're helping fill the empty slots that you guys can't fill because of mission requirements and commitments overseas."

The Guard troops saved the network control center more than \$24,000 by agreeing to do the project. By using funds from the self help store and plans office, the center only spent \$500 from unit funds.

19th Air Force names Luke Parent University new command chief

By Airman 1st Class Angela Kennedy
12th FTW Public Affairs

RANDOLPH AIR FORCE BASE, Texas — The former Command Chief Master Sergeant of the 14th Flying Training Wing recently moved up to the top enlisted position at 19th Air Force.

Sept. 11, Chief Master Sergeant Tealy Williams succeeded Chief Master Sergeant Charles McLauren, who is now the chief of the Chief's Group at the Air Force Personnel Center.

As the new command chief, Williams advises the commander on matters relating to morale, welfare, quality of life and force structure for the enlisted members.

He is responsible for enlisted people assigned to 10 active-duty flying training wings, two training groups, six Air National Guard flying training wings and two Air Force Reserve groups located throughout the continental United States and Alaska.

Before assuming his duties at the 14th FTW at Columbus Air Force Base, Miss., Williams was the manager of the neuro-behavioral sciences flight at Lackland Air Force Base, Texas.

In 1996, while stationed at Andrews

Air Force Base, Md., he was selected as the first superintendent of the 89th Airlift Wing inspector general.

The Illinois native began his military career in 1975 as a fuels management journeyman. In 1987 he was promoted to technical sergeant under the stripes for exceptional performers program and reassigned to the 18th Combat Support Wing NCO Leadership School as director of operations at Kadena Air Base, Japan. Five years later, he retrained into the mental health career field.

He has earned a bachelor's degree in business administration from Strayer College. He has also received two associate's degrees from the Community College of the Air Force.

During his 25 years of service, Williams has received the Secretary of the Air Force Leadership Award and has been the top graduate at Senior NCO Academy, NCO Academy and NCO Leadership School. He also wears the Air Force Meritorious Service Medal with five oak leaf clusters.

Williams was named Senior NCO of the year for the 89th Airlift Wing at Andrews. He was also honored as the Military Airlift Command Instructor of the Year in 1987 and Pacific Air Force NCO Instructor of the Year in 1990.

Local workshop gives parents opportunity to learn parenting skills

By Tech. Sgt. Julie Briggs
56th Fighter Wing Public Affairs

A workshop designed to give parents and couples the tools needed to build strong family relationships is two weeks away.

The 9th Annual Luke Parent University is Oct. 21 from 8 a.m. to 3:15 p.m. at Estrella Mountain Community College. The deadline to register is Oct. 17.

The theme for this year's event is "Join the Round Up" and is co-sponsored by various base agencies, including the family advocacy office and the family support center.

The first session features keynote speaker Maureen Mulvaaney, a counseling psychologist and motivational speaker, who will talk about "Any Kid Can be a Superstar."

The rest of the workshop is divided into three sessions. Participants then select from a list of topics they find interesting.

There are four workshops available during the first session: "Practical Parenting Strategies," "Dealing with ADD Children," "From Youth at Risk to Kids at Hope" and "Effective Male and Female Communication."

During the second session, people can choose from "Healthy Boundaries," "Enhancing Children's Self-Esteem," "Effective Parenting," and workshops focusing on parenting strategies and a teen panel.

The third session has "Prevention and Relationship Enhancement," "Self-Esteem for Adults" and "Talking to Your Children About Sex."

"Parent University is an upbeat and informative opportunity for all," said Frank Pavone, 56th Family Advocacy program manager. "Whether you're a

parent in a dating or marital relationship or just want information for your own growth ... I'd recommend you come out for a day of fun."

The \$3 cost includes breakfast and lunch; free

childcare is also available to active-duty members on a space-available basis.

For a registration form or more information, call the family support center at 856-6839 or 856-3417. For childcare information, call the child development center at 856-6339.

"Parent University is an upbeat and informative opportunity for all. ... I'd recommend you come out."

Frank Pavone

56th Family Advocacy program manager

Wing Warrior

This column recognizes Team Luke members' contributions to wartime readiness in the tradition of 2nd Lt. Frank Luke.

Name: Airman 1st Class Julian Mallory, 56th Medical Group medical logistics technician
Hometown: Waycross, Ga.
Years in service: Almost two years
Family: Mother, Judy Yarborough; one brother and one sister
Education: Three years of college
Inspirations: My mother
Greatest feat: To graduate with a bachelor's degree in physicians assistant studies
Greatest feat: Graduating high school with honors
Self description: Quiet around people I do know and loud around people I don't know
Bad habits: Procrastination
Off duty: Playing sports and reading

Commander's comments: "Julian is an outstanding medical logistician. He richly deserves the below-the-zone promotion he just received," said Col. James Malenkos, 56th Medical Group commander. "Julian does an outstanding job managing a first-aid kit program that directly supports the flying mission and receives and delivers just-in-time medical and surgical supplies and pharmaceuticals throughout the medical group. Julian is an excellent example of the exceptional young airmen we have the pleasure to work with."



Mallory

Luke's Spirit

Col. Steve Sargeant, 56th Fighter Wing commander, uses this column to recognize Team Luke members' outstanding customer service.

Name: Tech. Sgt. Michael Burns, 56th Communications Squadron photo lab assistant NCO in charge
Hometown: Milwaukee
Years in service: 18
Family: Wife, Kayoko; and daughter, Stephanie, 9 months
Previous assignments: Malamstrom Air Force Base, Mont.; Diyarbakir Air Base, Turkey; Okinawa Air Base, Japan; Osan Air Base, South Korea; Yokota Air Base, Japan; and Incirlik Air Base, Turkey;
Inspirations: True leaders, small and large
Goals: To make everything better in my life — from the professional work area to my family
Greatest feat: Cross training from a high-speed, 12 to 18-hour day, with mission-impact tasks working nuclear or priority A and B resources and continuous mobility commitments as a security forces member to being a base photographer. The simplicity almost killed me!
Famous last words: Think military first, family second and you will sleep well.
Off duty: Diving, photography, digital manipulation, drawing, traveling and now my baby

Commander's comments: "Sergeant Burns and the rest of his visual information crew set a tremendous standard of excellence in their work," Sargeant said. "Their product is superb and they continuously 'raise the bar' in the work they do."



Burns

**This page left
blank**

Luke’s Finest

Each month the Luke Chiefs Group selects an airman who goes above and beyond the call of duty.

Name: Airman 1st Class Gerardo Castillo, 56th Component Repair Squadron
avionic sensors maintenance apprentice
Hometown: Chicago
Years service: Two
Family: Wife, Gabriela; son, Estaban, 3; and daughter, Natalia, 9 months
Education: I am one class away from a Community College of the Air Force
associate’s degree in aircraft avionics systems technology.
Inspirations: My wife, Gabriela; my mother, Socorro; Maj. Richard Nelson;
Master Sgt. Mitchell Cameron; Tech. Sgt. Keith Avery; and Staff Sgt. Gregory
Bloss
Goals: To be a good husband and father to my family. To obtain my bachelor’s
degree in electrical engineering through the Air Force Airman Enlisted Commissioning Program that will
lead to a commission in the U.S. Air Force
Greatest feat: Marrying my wife and becoming a father of two great children
Famous last words: Trust me!
Off duty: Spending time with my family and playing sports
Bad habits: I tend to talk to much “smack” when playing basketball.



Castillo

Luke wraps up CFC campaign

By Senior Airman Jennifer Dixon
56th Fighter Wing Public Affairs

The Luke Combined Federal Campaign ended Sept. 27 after collecting about \$191,000 in donations by Team Luke members. More than 2,100 Luke members participated in the campaign for a participation rate of 34 percent and an average donation of \$90, said Maj. Richard Phinney, Luke CFC coordinator. So far, Luke has met 93 percent of the \$204,000 goal, but Phinney expects the donation total to increase

over the next couple of weeks. “There are still people who have been on leave, TDY (temporary duty), etc., who haven’t been able to donate yet,” Phinney said. “We want to give them the opportunity also.” The campaign officially ends Oct. 19 with a drawing for prizes for people who donated. Col. Ed Kasl, 56th Fighter Wing vice commander, draws the winners. The grand prize is two round trip tickets from AmericaWest Airline’s to anywhere they fly. Other prizes are yet to be determined. Anyone wishing to make a late

donation should contact a squadron or group CFC representative. CFC gives federal employees the chance to donate to more than 1,500 local, national and international charities, including four Luke organizations: Operation Warm Heart, family services, youth services and the American Red Cross. Luke has been the pace setter for the Maricopa County campaign for a many years, Phinney said. Luke’s campaign starts and finishes before other agencies do, historically raising close to \$200,000 in donations.

AF chief of staff talks readiness, manning issues

WASHINGTON (AFPN) — Appearing before both the Senate and House Armed Services Committees Sept. 27, Gen. Michael Ryan, Air Force chief of staff, told Congress the Air Force is capable of fighting and winning today, but it needs \$20 to \$30 billion a year to solve its people, procurement, infrastructure and readiness challenges. “Air Force readiness has not turned around,” Ryan said. “At best, the increased funding from the administration and Congress have leveled off the decline. Readiness remains a struggle we must win.” Operations tempo, past underfunding of spares, aging infrastructures and aircraft, and a less experienced workforce driven by retention shortfalls were pointed out as key factors to the continued decline in readiness. Combat unit overall readiness is down 23 percent since 1996, Ryan said. One of the primary reasons is the average age of the aircraft fleet is 22 years and will reach almost 30 years by 2015, he added. Because of funding shortfalls, the Air Force has significantly underinvested in its base operating support, property maintenance, family housing and military construction. The average investment has produced a 250-year replacement rate compared to an industry standard of 50 years. “We cannot continue to mortgage this area of our force readiness without significant long-term effects,” Ryan said. Today’s active-duty force deploys more than three times as often with a force 60 percent its former size. Roughly 90,000 airmen are deployed or stationed overseas. “They are working hard,” Ryan said. “In return, they deserve the best equipment and training, quality medical care, adequate housing, sensible pay and reasonable retirement benefits for their service.” The general attributes the Air Force’s ability to still prevail, despite such readiness challenges, to the service’s most vital resource — its people.

**This page left
blank**

21st Fighter Squadron dines in

By Staff Sgt.
Jeremy Clayton Tredway
56th Fighter Wing Public Affairs

The 21st Fighter Squadron ripped a page out of the military history books Sept. 29 and rewrote it — Gambler style. The page contained the blue print for the age-old tradition of the military combat dining in. The Gamblers took this idea and started a new chapter in their squadron heritage with their first dining in.

Commanders use the dining in as an occasion to enhance the life of their unit through ceremony, tradition and fellowship.

The event featured a posting of the colors, prisoner of war and mission in action ceremony, slide presentation and guest speaker retired Chief Master Sgt. Geno Piccoli.

In addition, troops who violated any of the countless rules of engagement were subjected to public humiliation at the hands of mess president Lt. Col. Walter Grace, 21st FS commander.

One such punishment pitted combatants against a grueling obstacle course on their way to the infamous grog bowl. Combatants were considered targets during their mission to the grog bowl, giving other dining in warriors the opportunity to unload their arsenal of weapons consisting of super soakers and dinner rolls.

Another method of punishment was the brig, a dunk tank filled with ice water. Combatants were sentenced to the brig for serious infractions.

Piccoli talked about the three things



Photos by Staff Sgt. Christopher Matthews

Combatants make their way through the obstacle course to the grog bowl.

that will keep people in the Air Force — leadership, leadership and leadership. He pointed out that leadership was the second most popular reason first-term airmen leave the service and third most given answer for second termers.

“Machines will not work without quality leadership,” he said. “I believe we need quality leadership at all levels. You don’t have to be a commander, first sergeant or even a supervisor to be a leader.”

Piccoli told the group to ACT like leaders. ACT stands for attitude, concern, caring, courage, training and teaching.

He told combatants to have concern for their troops problems, but to have the

courage to say the tough things.

“Don’t try to be the good guy all the time,” Piccoli said. “When a tough decision comes up, make it and be the good leader.”

He also emphasized the importance of training and teaching.

“It doesn’t matter what point of your career you’re in, you can always learn something,” Piccoli said, “but if we don’t teach the folks who come behind us, all we do is for nothing.”

He closed by saying “there are those that lead, those that follow and those who just get the hell in the way. Be a leader. Create more leaders.”



Combat dining in sergeant of arms Master Sgt. William Lamb waits for mess president Lt. Col. Walter Grace’s command to send a rules-of-engagement violator to the brig.

Shortage causes DOD to prioritize flu shots

By Leigh Anne Redovian
Air Force Surgeon General Public Affairs

BOLLING AIR FORCE BASE, D.C. (AFPN) — The Defense Department recently announced its plan to prioritize influenza immunizations in response to the national delay in the availability of the vaccine for the upcoming influenza season. Mission-critical military personnel and high-risk medical individuals will be vaccinated first in an effort to maintain optimal military readiness and protect the military’s most vulnerable populations.

“We encourage others to be patient and wait to get vaccinated until those at highest risk can be protected,” said Col. Dana Bradshaw, chief of preventive medicine at the Air Force Medical Operations Agency.

Available supplies will be administered first to operational military personnel, healthcare workers with direct patient contact and defense enrollment eligibility reporting system enrollees — both active duty and non-active duty — who have high-risk medical conditions. To the extent possible, these groups will be done simultaneously.

Next in order of priority will be military trainees,

groups in close contact with high-risk personnel, other military members in priority for deployment, other active-duty members and mission critical DOD civilians at overseas facilities, and all other beneficiaries.

Individuals with high-risk medical conditions, including the elderly and women in their second or third trimester pregnancy, should contact their healthcare provider for more information on how to obtain the shots.

According to Bradshaw, pneumococcal vaccination is also indicated for many of the same high-risk persons for whom influenza vaccine is recommended. Individuals with an indication for pneumococcal vaccine should be sure they are up to date for this shot, although it is not a replacement for the influenza vaccine.

The shot delay has been created by two factors — a slow-growing component of this year’s vaccine formulation, along with production problems at two of the four pharmaceutical companies licensed to produce influenza vaccine in the United States.

DOD will delay organized influenza vaccination campaigns until early to mid-November, pending

receipt of adequate supplies of vaccine. As additional doses become available later in the fall, regular influenza vaccine campaigns will resume. The Centers for Disease Control and the Food and Drug Administration estimate the full amount of vaccine required nationwide should be available no later than December.

“Influenza epidemics in the United States typically occur in winter to early spring,” Bradshaw said. “We expect that even with the delay, we will have time to adequately protect all of the beneficiaries for whom we are responsible.”

“While influenza can cause mild to moderate illness lasting two to seven days in otherwise healthy individuals, by far the greatest number of hospitalizations and deaths are in elderly persons or children and adults with high-risk medical conditions,” he said.

DOD receives the vaccine from the same pharmaceutical companies that produce influenza vaccine for the nation. The department is working with CDC and the Advisory Committee on Immunization Practices, an expert panel that advises the CDC, in responding to this vaccine delay.

ACC releases crash report

LANGLEY AIR FORCE BASE, Va. (AFPN) — Air Force investigators determined a bird strike caused the crash of a Hill Air Force Base, Utah, F-16 June 21at the Cold Lake Air Range in Alberta, Canada.

The pilot of the aircraft, Capt. Richard Pietrykowski, ejected safely and sustained only minor injuries. The F-16 impacted the ground in a lightly forested marsh area of the weapons range and was destroyed.

The investigation report, released by Air Combat Command Sept. 28, said the crash occurred when a mature American White Pelican struck the canopy of the F-16. The pelican penetrated the windscreen, causing structural failure of the canopy and heads-up display. Debris struck Pietrykowski, causing confusion, disorientation and vision loss.

Pietrykowski and his unit, the 388th Fighter Wing, were taking part in a Maple Flag joint training exercise.

Law school

JAG seeks officers for studies program, judge advocates

WASHINGTON (AFPN) — The Air Force Judge Advocate General's office is looking for active-duty Air Force officers for the fiscal year 2001 Funded Legal Education Program and Excess Leave Program. JAG accepts applications between Jan. 1 and March 1.

The FLEP program is a paid legal studies program for active-duty Air Force officers. Officers successfully completing FLEP and ELP are eligible to be designated as a judge advocate.

Eligibility for FLEP requires the officer to have served no less than two years and no more than six years active-duty service, enlisted or commissioned, prior to entry into law school.

FLEP applicants must also be in the pay grade of 0-3 or below, as of the first day of law school.

ELP is an unpaid legal studies

program for active-duty Air Force officers. Eligibility for ELP requires the applicant to have served no less than two years and no more than 10 years of active-duty service prior to entering law school. Additionally, ELP applicants must be in the pay grade of 0-3, with less than three years in grade, or below, as of the first day of law school.

Both the FLEP and ELP programs require attendance at an American Bar Association accredited law school.

Upon graduation and admission to an accredited bar from one of the 50 states, Puerto Rico or the District of Columbia, candidates are eligible for designation as a judge advocate.

Candidates are selected on the "whole person concept." The selection process for FLEP and ELP is very competitive. During FY 2000, the average selectee's Law School Admissions Test score was 160 or in the 84th percentile.

The average undergraduate grade point average was 3.17. The program selection rate was 15 percent, while the overall FLEP and ELP selection rate during FY 1999 was 24 percent.

To be considered for FLEP or ELP, applicants must complete all application forms, apply to an ABA accredited law school, receive their Law School Admissions Test results and complete a Staff Judge Advocate interview by March 1. Air Force Instruction 51-101, Judge Advocate Accession Program, Chapters 2 and 3, explains the FLEP and ELP programs.

For more information and an application, call Maj. Mark Allison, Headquater U.S. Air Force Judge Advocate Office professional development division, at DSN: 224-5941 or send an e-mail to Mark.Allison@pentagon.af.mil

**This page left
blank**



Airman 1st Class Delvin Barnes

Thunderbolts kick off Sports Day 2000 with a 5K fun run. The run began a day of sports, picnicking and squadron camaraderie.

Sports Day 2000

Thunderbolts enjoy fruits of labor during grueling day of competition

By Tech. Sgt. George F. Jozens
56th Fighter Wing Public Affairs

Shortly after sunrise Sept. 28 the wing commander shared words of praise for Team Luke as Sports Day 2000 kicked off with a wing 5K fun run and walk.

"The flying hour program has been put to bed and I think we were the first ones in AETC to be done — you all deserve a round of applause," said Col. Steve Sargeant, 56th Fighter Wing commander. "We had a great year of flying, a great year of training pilots, training crew chiefs and getting people ready to go off to war."

Immediately after Sargeant expressed his appreciation for the wing's work, he set the rules of engagement for the run.

"We are going to recognize there are some people who can run, so all the people who are going to run are starting off in the front," Sargeant said.

Run they did. The first male to cross the line was 2nd Lt. Mark Stevens, 56th Civil Engineer Squadron and the first place female was Capt. Tami Wise, 56th Services Squadron.

With the run complete, the games began.

Morning activities began with one-pitch softball, an aerobic marathon, a Chiefs vs. Eagles softball game, golf, sand volleyball and hot-shot basketball tournament. Afternoon sports included a grueling one-mile, co-ed relay race, tug-of-war, team obstacle course and, the main attraction, Luke's Chiefs and Eagles all-stars vs. Peoria Chamber of Commerce softball game.

"56th Services Squadron has done a great job with activities that go on until 3 p.m. After that we're all going to get under the big tent for an awards ceremony for the top units and some individuals," Sargeant said.

Ceremonies began with a presentation of a \$3,400 check from the Peoria chamber of commerce.

"This is just one small part of what the city of Peoria has done for Luke Air Force Base today," Sargeant said. "This check for \$3,400 comes on top of food for more than 800 of us today, not to mention the sterling softball team they sent to

rattle the Chiefs and Eagles team."

The awards were dished up as soon as the check was put away.

"The first combined Sports Day and wing picnic also awarded squadron commander's trophy points," said Vic Conyers, 56th SVS Fitness Center athletic director.

The winner, 56th CES, received 54 points. Second place went to the 56th Equipment Maintenance Squadron with 38 points and third place to the 56th Component Repair Squadron with 26 points.

The event winners were:

Aerobic marathon — The female winner was Senior Airman Stacy Atkinson, 56th Operations Support Squadron, and the male winner was Jeff Schone, 56th CES.

Sand volleyball — The winner was the 56th Medical Group, second place was the 56th Security Forces Squadron and third place was the 309th Fighter Squadron.

One-pitch softball — The winner was the 56th CRS with an 11-6 victory, beating the second-place 310th Fighter Squadron and third place was 56th EMS.

Combat golf — The winner was the 56th EMS with second place going to 56th CRS and third place to the 607th Air Control Squadron.

Chiefs vs. Eagles softball game — The Chiefs were victorious 13-12.

Horseshoes — The winners were 56th EMS in first, 56th Medical Operations Squadron second, 56th CRS in third place.

Team hotshot and three-point basketball — The winners were Airman 1st class Jason Moody and Senior Airman Sandra Montoya, 308th Fighter Squadron.

Tug-of-war — The winners were 56th OSS, the 63rd Fighter Squadron was second, 56th CES was third.

Team obstacle course — The winners were 56th CES, 56th MDOS second and 56th OSS was third.

Extreme bowling — The winners were 56th CES, 56th MDOS second and 309th FS third.

One-mile, co-ed relay — 56th CES won the race. Second place went to 56th EMS and third



Airman 1st Class Delvin Barnes

Airman Chad Otruba, 56th Civil Engineer Squadron fire protection journeyman, sets the pace.

place to the 56th Communications Squadron.

The largest trophy of the day went to the Peoria Chamber of Commerce after they beat the combined Chiefs and Eagles all-stars softball team, 14-7.

"This day would not have been possible without the efforts of the Peoria Chamber of Commerce," Sargeant said. "It wouldn't have been near as much fun or brutal if their championship softball team wouldn't have come out. We also need to look inside our own wire and thank our folks for making Sports Day 2000 a success."

"I hope you all have a great safe weekend with your families," he continued. "They put up with a lot while we got out there and lead AETC in running the biggest and finest flying hour program of any wing in this command."



Airman 1st Class Delvin Barnes



Ken Agenbroad

(Above) Sports Day 2000 participants line up for lunch provided by the 56th Services Squadron and the Peoria Chamber of Commerce. (Left) The 56th Fighter Wing Falcon mascot socializes with troops during the Sports Day 2000 awards ceremony (Below) Sports day contestants stepped their way through the aerobic marathon.



Ken Agenbroad



Ken Agenbroad

A Team Luke member participates in the Sports Day 2000 horseshoes competition.



Airman 1st Class Delvin Barnes

Capt. Don Schmidt, 56th Communications Squadron Information Systems Flight commander, hands the baton to Capt. Chris Follin, 56th Fighter Wing executive officer, during the relay race.

**This page left
blank**

Information,
Tickets and
Tours

Information, Tickets and Tours is in the community center. Dillards Box Office and Ticketmaster are open weekdays from 8 a.m. to 6 p.m.; Saturday from 10 a.m. to 2 p.m.; and closed Sunday. Tickets for a variety of community events are available. For more information, call 856-6000.

Tours

Riverside Casino, Laughlin, Nev.: Sunday and Oct. 22. Bus departs Bldg. 700 at 6 a.m. each day and returns at 10 p.m. The cost is \$5 per person and includes roundtrip transportation, champagne brunch or dinner buffet and casino coupons. Must be 21 or older.

Luke Movies

Movies begin at 7 p.m. unless otherwise noted. Cost for children 11 and under is \$1.25; adults pay \$2.50.



Today

Saturday at 5 p.m.

“The Cell” (R)
Stars Jennifer Lopez and Vince Vaughn. Lopez plays Catherine Deane, a child therapist working on an experimental new technology that allows for direct access into someone else’s mind.

The FBI is hard at work tracking down a serial killer but before he can be arrested, he goes into a coma. The

only way to rescue his most recent victim is for Catherine to enter his mind using the experimental technology. (107 minutes)



Saturday at 8 p.m.

“Gladiator” (R)
Stars Russell Crowe, Joaquin Phoenix and Richard Harris. Crowe stars as Maximus, a well-respected general who is stripped of his rank when the evil Commodus takes over the Roman Empire. He finds himself fighting for his life in the vicious gladiator arenas, where he uses his fame to spark unrest among the oppressed Roman citizens. Eventually, Commodus succumbs to the challenge, and the two face off for a battle that will send one man to his death. (150 minutes)



Sunday

“Autumn in New York” (PG-13)
Stars Winona Ryder and Richard Gere. Gere plays a known playboy who picks up a younger woman and the two fall in love. When she reveals that she is suffering from a terminal illness, the relationship takes on deeper meaning.

Oct. 13

“What Lies Beneath” ((PG-13)
Stars Harrison Ford and Michelle Pfeiffer. Ford and Pfeiffer play a quiet couple living in the hills of Vermont. When they begin seeing visions of a woman haunting their house, Ford confesses that it is the ghost of a young girl with whom he had an affair. (126 minutes)

Chapel News

Worship schedule

The following is Luke’s Protestant and Catholic worship schedule:

Protestant worship

- ♦ Holy Communion is Sunday at 8 a.m. at the Luke Community Chapel.
- ♦ Gospel service is Sunday at 8:30 a.m. at the Chapel on the Mall.
- ♦ Morning worship service is Sunday at 11 a.m. at the Luke Community Chapel.
- ♦ Evening praise service is Sunday at 6 p.m. at the Luke Community Chapel.

Regular Catholic worship

- ♦ Saturday Mass is at 5 p.m. at the Luke Community Chapel.
- ♦ Sunday Mass is at 9:30 a.m. and 12:30 p.m. at the Luke Community Chapel.
- ♦ Weekday Mass is at noon at the Luke Community Chapel.

Catholic worship change

- ♦ Sunday Mass is at 11 a.m. at Fowler Park
- There is no 9:30 a.m. or 12:30 p.m. Mass.

Religious education

- ♦ Protestant Sunday school is 9:30 a.m. in Bldg. 1150.
- ♦ Catholic CCD is Sunday at 11 a.m. in Bldg. 1150.

Muslim congregational prayers

Muslims interested in Friday congregational prayers, should call the chapel for information.

For more information on these or other programs, call the chapel at 856-6211.

Luke hosts marrow registration drive

By Tech. Sgt. B. Coors-Davidson

56th Fighter Wing Public Affairs

Every year nearly 30,000 people are diagnosed with leukemia, anemia and more than 60 other potentially fatal diseases. Unfortunately, many of these people die because a suitable bone marrow donor can not be found.

In an effort to help change those statistics and to live up to the Air Force core value of service before self, Team Luke and the National Marrow Donor Program has an initial bone marrow registration Thursday from 9 a.m. to 3:30 p.m. at the Luke Community Chapel annex.

“Registering only takes about 15 minutes and no appointment is necessary,” said 1st Lt. Amy Pekala, marrow registration officer in charge. “Registering as a donor is quick, painless and can offer any one of us the opportunity to save a life.”

Donor registration

Volunteers provide a small blood sample, about two tablespoons, and register as a potential donor.

Donor’s marrow type is determined and entered into the marrow registry.

Matching with a patient

Marrow transplant medical teams throughout the world search the donor file to find a marrow type that matches a patient needing a transplant.

Potential donors are called when there is a match to determine if the they are willing to continue.

A second blood sample is taken and sent to the transplant center for extensive confirmatory typing. If there is a precise match, the volunteer is given detailed information about the marrow donation process and their options as a donor.

“After registering as a bone marrow donor, I was contacted by the Red Cross that I was a possible match for someone needing a transplant,” said Staff Sgt. Belinda Hatter, 56th Logistics Support Squadron. “I was taught about my options as a donor,

signed donor paperwork and given additional blood tests. Although I was not an exact match with the patient, it left a big impression on me that I can give someone a chance to survive.”

Donating marrow

After being informed about the procedure, the donor is brought to a hospital, usually Georgetown University Hospital in Washington, D.C., for a physical exam and additional testing. Upon completion of the physical, a donation date is scheduled and command approval is obtained for military people.

Marrow is extracted from the back of the pelvic bone using a special needle and syringe. The donor is under anesthesia during this simple surgical procedure.

Typically, the donor stays overnight in the hospital and can resume normal activities after a few days as marrow naturally replenishes itself.

The center stays in contact with the donor until they have completely recovered and periodically informs them of the recipient’s medical progress.

The Department of Defense established the C.W. Bill Young donor center to support DOD volunteer marrow donors ages 18 through 60.

The center coordinates the medical and logistics support for people who volunteer to donate marrow.

Eligible volunteers under the program include active-duty military members and their dependents, civilian employees, Reserve, National Guard and Coast Guard members.

The National Marrow Donor Program provides a coordinating center where patients are matched with volunteers registered at national donor centers that precisely match patients’ tissue types.

Because of the established spirit of volunteerism of Armed Forces members, and the medical expertise in the military, the DOD plays a vital role in the development of this life-saving national program, Pekala said.

For more information, call Pekala at 856-6932.

Salutes

Below the zone

The following Team Luke airmen were recently selected for below the zone promotion to senior airman:

- ♦ Howard Santos, 56th Aerospace Medicine Squadron
- ♦ Steven Frame, 56th Civil Engineer Squadron
- ♦ Brooke Dilley, 56th Component Repair Squadron
- ♦ Darcy Miller, 56th Communications Squadron
- ♦ Kristin Pelzer, Nichole Trego and Christopher White, 56th Equipment Maintenance Squadron
- ♦ Julian Mallory, 56th Medical Support Squadron
- ♦ Richard Gutierrez, 56th Security Forces Squadron
- ♦ Rebecca Leszcynski and Aaron Seligman, 56th Security Forces Squadron

- ♦ Kenya Matthews, 56th Supply Squadron
- ♦ James Love, 56th Transportation Squadron
- ♦ Dennis McDougal, 61st Fighter Squadron
- ♦ Peter Holcomb and Jason White, 63rd Fighter Squadron
- ♦ Matthew Nicely, 308th Fighter Squadron
- ♦ Dean Kunz, 310th Fighter Squadron
- ♦ Louis Duron Jr., 607th Air Control Squadron

Quarterly award winners

56th Component Repair Squadron
The following 56th Component Repair Squadron people are the squadron’s quarterly award winners:
Company grade officer: Capt. Steven Collen
Senior NCO: Senior Master Sgt. Duane Carter
NCO: Tech. Sgt. John Woznack
Airman: Senior Airman Eric Stromski
Civilian: Walter Healis

56th Comptroller Squadron
The following 56th Comptroller Squadron people are the squadron’s quarterly award winners:
Company grade officer: Capt. Jack Gardner
Senior NCO: Master Sgt. William Maynard
NCO: Staff Sgt. Angus Newton
Airman: Senior Airman Victoria Okori
Civilian: Elizabeth Garey

56th Operations Support Squadron
The following 56th Operations Support Squadron people are the squadron’s quarterly award winners:
Field grade officer: Major Joey Kindelin
Company grade officer: Capt. Christopher Huisman
Senior NCO: Master Sgt. Thomas Collier
NCO: Staff Sgt. Aaron Basham
Airman: Senior Airman Amy Basham

Around Base

American Red Cross events

The American Red Cross offers the following classes:

- ♦ An adult, infant and child cardiopulmonary and first aid class is Saturday at 8:30 a.m. in Bldg. 1150, Room 1064. Enrollment is open to all military identification cardholders, their family members and Luke civilian employees. The cost is \$22 per person. Registration and prepayment is required.
- ♦ A free introduction to disaster class is Oct. 14 at 9 a.m. in Bldg. 1150, Room 1064. The class provides fundamental information about disasters, community response and the role of Red Cross Disaster Services. A damage assessment class follows at 1 p.m.

For more information, call 856-7823.

PIR volunteers

The Red Cross seeks 100 volunteers to assist handicapped people Nov. 2, 3 and 4 at Phoenix International Raceway. Volunteers work a five-hour morning or afternoon shift. For more information, call 856-7823.

American Red Cross blood drive

The American Red Cross has a “Helping Military Families” blood drive today from 8:30 a.m. to 1 p.m. at the commissary. For more information, call Stephanie Nordstrom at 856-7823 or Nancy Smith at (602) 738-1062.

16 and counting briefing

The family support center has a 16 and counting briefing Wednesday from 8:30 to 11 a.m. for active-duty people that will retire within the next four years. For reservations, call 856-6841.

Enlisted spouses club

The Luke enlisted spouses club meets Oct. 16 at

7 p.m. at the Desert Star Enlisted Club. For more information, call Christine Fetcho at 536-3144 or Linda Jenkins at 535-9034.

Sergeants Association

The Air Force Sergeants Association meets Wednesday at 7 p.m. at the Desert Star Enlisted Club. For more information, call Geno Piccoli at 872-1968.

Breast Care Awareness Month

As part of Breast Care Awareness Month, the 56th Medical Group has a breast care information booth Oct. 16 to 20 at the Luke main exchange. For more information, call 856-9100.

Haunted house volunteers

The youth center seeks volunteers to be actors or escorts for a haunted house and Trick or Treat Street Oct. 27. For more information, call 856-7470.

Habitat for Humanity

Habitat for Humanity seeks volunteers to build two houses Oct. 14 through completion in December. Volunteers work four hours per day or six hours Saturdays. For more information, call Marla Woods at 583-2417.

Rio Salado College

Registration for Rio Salado’s Fall II term, which begins Oct. 23, is underway.

Academic advisors are available by appointment each Monday through Thursday. Placement testing for reading, math and English is each Wednesday at 9 a.m. and Thursday at 1 p.m.

To schedule an appointment, take a placement test or for more information, call 856-3239.

Embry-Riddle Aeronautical University

Registration for Embry-Riddle’s winter term, which begins Oct. 16, is underway.

Undergraduate classes include airframe structures,

airframe systems, management, physics and aviation safety. Graduate classes include human factors in the aviation industry and aviation industrial safety.

For more information, call 856-6471.

Deployed family member dining

Family members of deployed Team Luke members are welcome to eat dinner every Thursday from 3:30 to 6 p.m. at the Ray V. Hensman Dining Facility. The average cost per meal is \$3. A copy of the military members orders are required and the member must be deployed in support of a contingency operation.

Bell Rock day hike

Outdoor recreation has a day hike Oct. 14 to Bell Rock in Sedona, Ariz. The bus departs Bldg. 247 at 7 a.m. and returns at 6 p.m. The cost is \$20 per person and includes round trip transportation, lunch, softdrinks and snacks. For more information, call 856-9334.

California adventure

Outdoor recreation has a three-day Magic Mountain Amusement Park and Los Angeles garment district shopping trip from Oct. 20 to 22. The bus departs Bldg. 700 at noon Oct. 20 and returns at 6 p.m. Oct. 22.

The cost is \$200 per person and includes round trip transportation, Magic Mountain admission and lodging at Point Magoo Navy Lodge. Register by Oct. 16. For more information, call 856-9334 or 856-6267.

Hawaiian vacation

Outdoor recreation has a Hawaiian vacation adventure from Dec. 4 to 13. The cost is \$1,000 per person and includes round trip transportation from Luke, meals, nine days lodging at the Kileau military camp, a scenic island tour, wilderness hike, snorkling, deep-sea fishing and a submarine tour.

A \$100 nonrefundable deposit is required and final payment is due Nov. 2. For more information, call 856-9334 or 856-6267.

**This page left
blank**

**This page left
blank**

**This page left
blank**

AETC, AF Recruiting host Muscle Mania

Bodybuilding, strength competition promotes Air Force awareness

By Tech. Sgt. B. Coors-Davidson
56th Fighter Wing Public Affairs

Air Force Recruiting Service and base fitness centers within AETC hope to reach potential recruits, recognize Air Force athletes and promote physical fitness with an AETC Muscle Mania Sports Competition.

As part of Muscle Mania, Luke has a bodybuilding competition Nov. 16 at 6 p.m. at the Desert Star Enlisted Club. The competition is open to active-duty military, Guardsmen, reservists, Defense Department employees, dependents and civilian amateur bodybuilders.

The idea for the competition comes from the AFRS and Arnold Schwarzenegger - combined fitness show at the 2000 Columbus, Ohio, exposition. There the Air Force gained more than 150 solid recruiting leads by introducing youths to Air Force fitness and sports opportunities.

“We hope this will become an annual event and are asking each fitness center director within AETC to host a bodybuilding, bench press or powerlifting competition,” said Col. Duane Deal, AFRS commander. “While further promoting the Air Force policy to promote readiness through fitness, this initiative will recognize Air Force athletes for their commitment to physical conditioning and increase public awareness of Air Force opportunities.”

With commander approval, military winners of each base competition have the opportunity, in May, to compete in the AETC Muscle Mania competition in San Antonio. Participants in this competition are authorized permissive temporary duty assignment orders.



Airman 1st Class Charles Adams pumps iron at the base fitness center in preparation for Muscle Mania.

“We are working with area recruiters to let the community know about the competition and we expect a good turnout of Luke people both to compete and come out to support the athletes,” said Vic Conyers, 56th Services Squadron fitness center director. “We are also working at having a few professional bodybuilders make guest appearances and pose during the event.”

The competition has both mens and womens divisions, divided by weight classes, that are judged by military bodybuilding award winners and professional athletes.

There is a \$5 registration fee to cover the cost of contestants’ Muscle Mania T-shirt. Participants must register by Nov. 2. For more information, call Conyers at 856-6241.

Luke athletes show endurance

By Neal Washburn
56th Services Squadron Outdoor Recreation

As another Arizona sunrise creeps over the desert, athletes from Luke arrive Saturday at the Oasis Pool for Luke’s inaugural fall triathlon.

The atmosphere was lighthearted as athletes milled around the registration table receiving racing numbers and heat assignments. As the prerace meeting begins, the jovial atmosphere transforms.

Athletes begin to isolate themselves as they focus on the task at hand. Some put on headphones. Others walk off by themselves.

A triathlon combines swimming, biking and running into one athletic event. The athlete completes each event in consecutive order without stopping, unlike the heptathlon or decathlon.

“We increased the number of participants from the spring race,” said Tammy Oliver, race coordinator. “We doubled the female participation and tripled the number of squadron teams as well as increased numbers in the individual male competition.”

The fall triathlon winners are:

Men’s open

First is Jose Fonseca, one hour, one minute and 32 seconds; second is Rob Tofil, 1:4:46; third is David Kincaid, 1:11:4.

Women’s open

First is Kristen Inglis, 1:16:39; second is Tami Wise, 1:21:23; third is Rosa Johnson, 1:26:15.

Over-40 men

First is Jose Buendia, 1:10:44; second is Jack Wooster, 1:16:55; third is David Larson, 1:44:26.

Squadron teams

First place is the 63rd Fighter Squadron — team members are Franz Plescha, David Bottomlee and Pat McAtee with a time of 1:2:9.

Second place is the 56th Equipment Maintenance Squadron — team members are Todd Broyles, Dan Heyer and Chris Coleman with a time of 1:3:9.

Third place is the Slippery Pigs — team members are Chris Barta, Joe Goodman and Michael Herbert with a time of 1:14:30.

56th OSS Wizards work magic, capture volleyball tournament

By Staff Sgt.
Jeremy Clayton Tredway
56th Fighter Wing Public Affairs

The 56th Operations Support Squadron Wizards beat the 56th Medical Group in two straight sets to win the Luke intramural volleyball championship Sept. 28 at the base fitness center.

The Wizards routed the medical group team to start the tournament Sept. 19, then met them again for a final show down in the finals.

After beating the medical group in the opening round, the Wizards muscled their way through the 607th Air Control Squadron, 56th Equipment Maintenance Squadron, 56th Civil Engineer Squadron and into the finals.

The Wizards finished the season and the tournament with an undefeated record.

Airman 1st Class Katie Hunsdon, 56th OSS coach and player, attributed the team’s success to the hitting and blocking ability of the team’s many talented players.

The medical team took a more difficult route to the finals. After losing to the Wizards in the first round, the medical team battled back to beat the 56th Security Forces Squadron, 56th EMS, 56th Mission Support Squadron, 63rd Fighter Squadron and 56th CES.



Airman Delvin Barnes Toetu Sagia, 56th Medical Group intramural volleyball team player and coach, tries to turn the score around Sept. 28 against the 56th Operations Support Squadron in the final game of the volleyball championship.

Sports Shorts

Fall sports

The entry deadline for fall sports, including flag football and the over-30 basketball leagues, is Oct. 15. Teams must turn in a letter of intent to the fitness center. For more information, call the fitness center at 856-6241.

Bike ride

Outdoor recreation sponsors a Blue Streak Bike Ride Oct. 22. Participants can choose either a 10-mile family fun ride, 50-mile ride or 62-mile ride. For more information, call 856-9334.

Sports field maintenance

The base football and softball fields are closed for overseeding and maintenance for two weeks beginning today.

Aerobic center hours

The aerobic and Nautilus center at the health and wellness center is open Monday through Thursday from 7:30 a.m. to 8 p.m. and Friday from 7:30 a.m. to 6 p.m. For more information, call 856-3247.

Junior golf classes

Children and teens ages 5 to 17 can learn to golf Saturdays from 9 to

10:30 a.m. at the Falcon Dunes Golf Course. The cost is \$45. For more information, call 856-8355.

Bowling specials

Colorama, bowling for cash prizes, is Saturdays at 6 p.m. at Luke Lanes. Bowl three games for \$10. Patrons bowl for \$1.10 a game Tuesdays and Thursdays from 10:30 a.m. to 8:30 p.m.

Skins golfing

Falcon Dunes offers “skins” gross score golf Tuesdays at 5 p.m. The \$12-per-person cost includes greens fees, cart and “skins” money. Handicaps 0 to 9 play from the Falcon tees, handicaps

10 and up play from the Eagle tees and women play from the Starfighter tees. For more information, call 535-8355.

Falcon Dunes rules

Active-duty members may make tee-time reservations seven days in advance and retirees and Defense Department civilians five days in advance. Steel spikes and cut-off shorts are not permitted. A collared shirt is required.

Club days

Falcon Dunes has men’s play Mondays at 7:30 a.m. and women play Wednesdays at 7:30 a.m. Cost is \$50 per year not including greens fees.

**This page left
blank**